

NEWSLETTER FROM R.J. STEWART Autumn 2012



Dear Friends,

It has been a long time since I sent out a Newsletter. We are all bombarded with so much text nowadays, in so many variants, that I have been reluctant to add to the mass. Yet there is now much interesting news to report, and a newsletter is long overdue.



NEW BOOKS: The Sphere of Art vol II, *Aesch Mezareph, the Purifying Fire* was published this summer. This is a large book on spiritual alchemy and inner transformation, containing new developments of the Inner Fire work described in Volume One, book and CD. It describes unique methods of working with either minerals and metals or homeopathic potencies thereof, based on the anonymous text of *Aesch Mezareph*, a historic Kabbalistic alchemical manuscript. These methods are simple, direct, and they work powerfully within us. You can find more information and excerpts from the book at www.rjstewart.net.

The Hidden Adept and the Inward Vision, *The Story of Ronald Heaver, Polly Wood, and the Sanctuary of Avalon*. Just published in September! After six years of research and writing, my biography of A.R. Heaver is now available. This book includes many letters, teachings, meditations, and essays, from A.R.H. It

tells the remarkable story of his spiritual and physical adventures in Jerusalem, Austria, Canada and Britain. Also included is the history and influence of *The Sanctuary of Avalon* that was maintained spiritually by Ronald Heaver and Polly Wood from the late 1950's to 1980. Today Anastacia and I continue this initiatory tradition with two attuned Sanctuaries, one in the USA, and one in Glastonbury.

The book includes chapters on the relationship between A.R.H. and Wellesley Tudor-Pole, the influence of J.A. Goodchild on the spiritual revival of the late 19th and early 20th century, and a previously unpublished ink drawing by Frederick Bligh Bond, who excavated and researched the ruins of Glastonbury Abbey. Part Two of *The Hidden Adept* explores A.R.H.'s teaching on ley-lines, telluric forces in the landscape, and the Somerset Star Temple, sometimes called "The Glastonbury Zodiac". More information and excerpts can be found at www.rjstewart.net .



THE SANCTUARY OF AVALON, 21st CENTURY

Following the precepts and teachings of A.R.H. and Polly Wood, I have been attuning and developing the new Sanctuary of Avalon with my partner Anastacia. We have been quietly working with the Sanctuary for five years, and friends and students have come from many parts of the world to meditate in the sanctuaries in Glastonbury and in the USA. The Sanctuary of Avalon is the next phase of our long established Inner Temple/Inner Convocation work. The story is told in full in the Epilogue to *The Hidden Adept and the Inward Vision*. We are now

entering an exciting new phase where the British sanctuary will be placed in a Trust for future retreats, and the American sanctuary will be supported by charitable donations. The sanctuaries are always small, and hold no more than twelve people. The Sanctuary of Avalon is a Silent Sanctuary, in which meditators receive spiritual guidance and support directly, without anyone standing in between. We also place the names of people who are ill, have recently died, or are in any kind of trouble, on the altar, thereby following ancient custom.

If you wish to know more about the Sanctuary, please email rjspeak@earthlink.net



TEACHER TRAINING: We are now training teachers in the USA and in Britain. This is a new level of teacher training for those with long-term experience from workshops and classes who are committed to teaching Inner Temple Traditions Inner Convocation ® spiritual and sacro-magical methods. You can find more about the Inner Temple Traditions program (now in its 23rd year) at www.innerconvocation.com



WORKSHOPS CLASSES AND EVENTS: We teach in Israel, Britain, Canada, and the USA. Our programs in all four countries are very active, and a calendar is updated from time to time at www.rjstewart.org where you can also find details of concerts, festivals and gatherings, and other events such as conferences.



CHANGES: With a new training program of experienced teachers, and a substantial reorganization directed by Anastacia, I am working increasingly with deeper *mediation* (as distinct from meditation) in the Sanctuary of Avalon, and mediating the Inner Contacts in advanced classes and workshops with assistant teachers. I am reducing my teaching of new classes to new students, as these will be taught by our trained teachers in Britain and the USA; I will work with new students after they have experienced some foundational training in Inner Temple practices. At the age of 63, from this autumn, I shall be focusing more on deep spiritual work and less on new public events. However, our long established experienced groups in Britain, USA, and Israel, will still be working with Anastacia and myself together, and that advanced ongoing program is already scheduled for much of 2013.

I wish you all a recuperative regenerative and increasingly beautiful Winter and New Year.

R.J.Stewart.

